



You’ve probably heard of food stamps or SNAP (Supplemental Nutrition Assistance Program). In Wisconsin, we call the program FoodShare. The goal of this program is to stop hunger.

You can use your FoodShare benefits at most stores. You also can use them at many farmers markets, where you can buy fresh fruits and vegetables most months out of the year.

People all over Wisconsin get help from FoodShare. We help people of all ages who:

- Have low-income jobs.
- Live on a small or fixed income.
- Are retired.
- Have lost their jobs.
- Are disabled and can’t work.

Can you get FoodShare?

If you have limited money to buy food, FoodShare can help.

Effective October 1, 2022, through September 30, 2023:

Household size	*200% FPL Gross Income Limit	130% FPL Gross Income Limit Reporting Limit	Maximum Allotment
1	\$2,266	\$1,473	\$281
2	\$3,052	\$1,984	\$516
3	\$3,840	\$2,495	\$740
4	\$4,626	\$3,007	\$939
5	\$5,412	\$3,518	\$1,116

6	\$6,200	\$4,029	\$1,339
7	\$6,986	\$4,541	\$1,480
8	\$7,772	\$5,052	\$1,691
9	\$8,560	\$5,564	\$1,902
10	\$9,348	\$6,076	\$2,133
For each additional person add:	\$788	\$512	\$211

* See if your family’s gross monthly income is at or below 200% of the federal poverty level (FPL). If it is, your family passes the Gross Income Test. You’ll earn certain credits to be subtracted from your gross income.

How to manage your benefits online

Only use the ACCESS website [\(https://access.wisconsin.gov/access/\)](https://access.wisconsin.gov/access/) to apply for and manage your benefits.